



Newberry College

Ms. Aslynn C. Halvorson

Ms. Aslynn Halvorson, assistant professor of exercise science and human performance, is Newberry College's 2022 SCICU Excellence In Teaching Award winner. As an Ed.D. candidate at the University of

North Carolina-Greensboro, she is conducting research investigating concussion recovery experiences of female collegiate athletes. She holds an M.S. in exercise physiology and B.S. in kinesiology, both from the University of Tennessee. While at the University of Tennessee, Ms. Halvorson researched the influences of physical activity on cognition in elementary-aged students.

Ms. Halvorson joined the Newberry College faculty in 2019. She teaches a variety of courses in exercise physiology, kinesiology, biomechanics, strength and conditioning, and exercise diagnosis and prescription. Her other academic interests include return-to-learn concussion policies, experiences during concussion recovery, and strength acquisition and weightlifting in young athletes. Her faculty leadership roles include serving as faculty co-advisor for the Society of Sport Professions, coordinator for the Exercise Science program, and as a member of the SafetyNET Taskforce in association with the Brain Injury Association of South Carolina.

Outside the classroom, Halvorson serves as a liaison to and Highland Games Athlete for the Southeastern Highland Athletics and Games Association. She also volunteers with track and field and Scottish Heritage events across the United States.